



# Coastal Mountain Youth Academy Newsletter

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**January 2008**

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Kelley White



## HAPPY NEW YEAR!

Here's What's New at CMYA for 2008

New Year starts off with the new session January 7th and a Snowboarding Class at Mountain High has been added to the winter curriculum. Thanks to a grant from Burton Chill, up to seven CMYA students will be traveling to Mountain High every Monday to learn how to Snowboard from the experts. Under the supervision of our staff and qualified trainers from Burton Chill CMYA students will be gaining skills and obtaining a greater appreciation for the environment. The weather should be great and the snow will be deep. What a way to start off a new year. **That's why we say Coastal Mountain Youth Academy is so much more than just a school.**



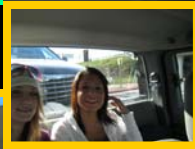
Meet our newest instructor Stephen Brewer. Stephen is a native of Southern California, attended college in Europe. As a teenager he struggled with addiction issues, and when he returned from Europe he entered treatment and has been successful in recovery for almost 9 years. Stephen attended Saddleback College and completed his college education at Baptist College West. He later obtained his Certification in Drug and

Alcohol Counseling from Saddleback College Human Services Department. Stephen has held administrative positions in public and private sectors while ultimately striving to work with teens in recovery. He subsequently served as a drug counselor at Salvation Army, Anaheim, and volunteered with at risk teens at Serra Continuation High in San Juan Capistrano. Being on staff at CMYA is a dream-come-true for Stephen. He will make a difference with our students as an instructor and as a role model. Stephen stays in top physical condition through his favorite sports - Surfing, Snowboarding and Mountain Biking.



# CMYA FUN DAY DURING THE HOLIDAYS

AAA took us to AA event – He! He!



CMYA provided Christmas turkey dinners to the families of 35 deployed Marines - compliments of Loretta Sanchez office and Ron Gillett

Given the opportunity we can all appreciate the greatest things in life - having fun with friends in sobriety and watching the sun set over Dana Point Harbor.

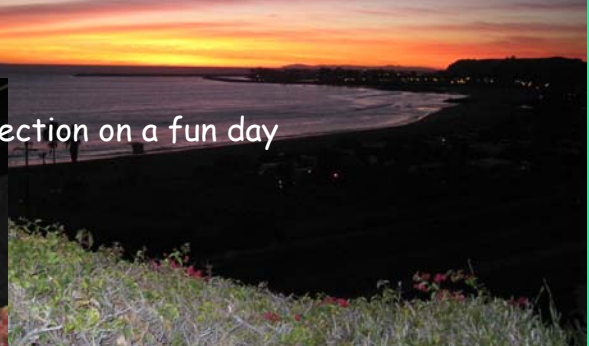
If you are interested in donating your time and talents or making a tax deductible financial contribution please feel free to contact us by email or phone

[cmya@cox.net](mailto:cmya@cox.net)

949.498.7042

Coastal Mountain Youth Academy is a charitable nonprofit corporation (501-c3) All contributions are tax deductible

Meditation and Reflection on a fun day



IF YOU WANT TO HELP  
BE A PART OF OUR TEAM  
PICK UP THE PHONE AND CALL

CONTACT MIKE OR KELLEY AT (949) 498-7042  
OR GO TO [WWW.CMYA.ORG](http://WWW.CMYA.ORG)

*"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."*  
..Margaret Mead

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**If you would like to join the team** - call President Mike and see how you can serve on a committee. Our Board of Directors has developed an aggressive action plan for 2008 which includes (among others) the following committees:

~ Marketing ~ Fundraising ~ Grant Writing ~ Web Design ~  
CMYA has been successful through our collaborative efforts by involving community members to get involved. We need your expertise, your skills, talents, and of course your donations. Thanks in advance for helping us help our kids.



**CMYA FUTURE PLANS** - Picture our kids here with an equine therapy program, girls and boys dorms, classrooms, on-site high ropes, and our very own wilderness venue. Just imagine in the years to come how many kids we can help and perhaps save with this type of facility. Let's make it happen.

**COASTAL MOUNTAIN YOUTH ACADEMY**  
Helping youth reach their full potential  
**BEHIND EVERY SUCCESSFUL TEEN STANDS A TEAM**  
**TEENS— PARENTS—COUNSELORS—TEACHERS—PEERS**

**WWW.CMYA.ORG**